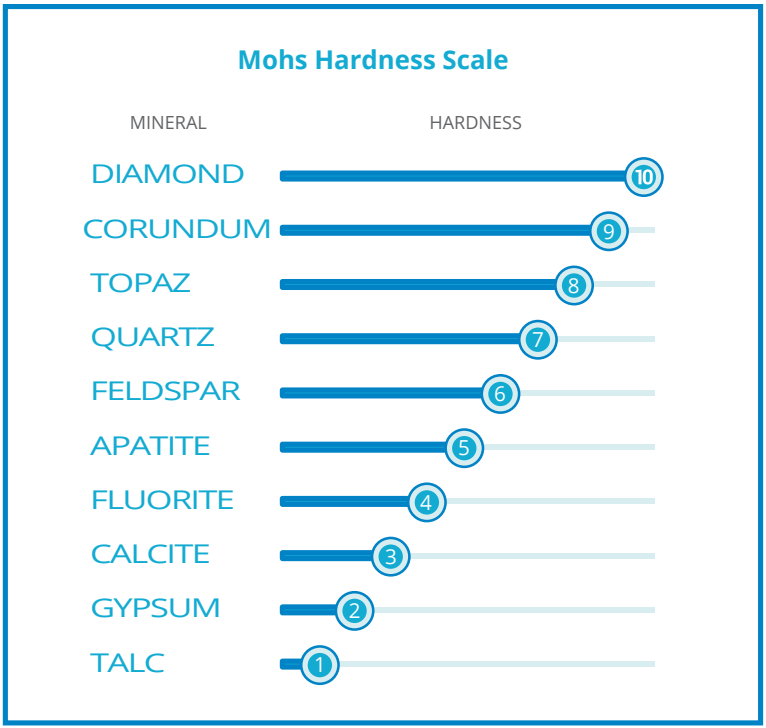Mohs Hardness of the Elements